XXXXXX - LIST OF PRE-EXISTING INJURIES/CONDITIONS

S.NO	DATE	LIST OF PRE-EXISTING INJURIES/CONDITIONS	TREATMENT PLAN	PDF REF
1	11/01/2010	History suggestive of lumbar (L4) radiculopathy	MRI L-Spine at that time. F/U with Dr. Woodmansee	213-219
2	11/01/2011	Possible pituitary lesion History of elevated estradiol and low testosterone History of sleep apnea Cognitive dysfunction Severe obesity Diabetes mellitus	Recommended MRI Prescribed Diltiazem Encouraged diet and weight loss	192-205
3	11/02/2011	Possible pituitary tumor and associated low testosterone, diabetes type II, untreated sleep apnea, PTSD, depression and glaucoma	Recommended MRI Prescribed Diltiazem Encouraged diet and weight loss	186-191
4	11/15/2011	Dyspnea on exertion Possible endocarditis	Referred to see endocrinologist	184-185
5	11/23/2011	Severe obesity and hypertension	Diltiazem 240 mg	174-179
6	11/30/2011	Chest pain, rule out MI.	Signed out against medical advice in satisfactory condition	166-169
7	12/13/2011	Severe sleep apnea Cognitive difficulties, breathlessness, hypertension, questionable enlarged PA's	New titration and mask fitting	162

8	01/09/2012-01/11/2012	Chest pain, palpitations, and shortness of breath, hypertension, anxiety, obstructive sleep apnea	Recheck EKG with any severe chest pain Ativan PRN Continue home aspirin Continue home omeprazole Continue Lisinopril 20 and HCTZ 12.5 and up titrate PRN as tolerated Check urine metanephrines	153-160
9	01/19/2012	Anxiety/depression	He will return for physical He will be evaluated for CPAP for OSA He will f/u with his multiple specialist Cont per therapy and psychopharmacology He will try to taper Ativan He was started on fluoxetine	147-148
10	02/02/2012	Anxiety/ depression - No SI Obesity	Continue per therapy and psychopharmacology Discuss the importance of exercise Nutrition referral given	137-138
11	02/09/2012	Anxiety/ depression - No SI Obesity	Continue per therapy and psychopharmacology Discuss the importance of exercise Nutrition referral given	128-129
12	06/03/2014	Atrial fibrillation Morbid obesity with BMI of 50.0-59.9 adult Diabetes mellitus type 2 in obese Sleep apnea	Follow a diabetic friendly diet and limit your portion sizes Monitor home glucose	23823-23827

13	06/24/2014	Fever Cough Otitis Diabetes mellitus	Will put on Metformin 1000 mg	23821-23822
14	07/30/2014	Fever Cough Otitis Diabetes mellitus	Will put on Metformin 1000 mg	23818-23820
15	08/01/2014	Atrial fibrillation Morbid obesity with BMI of 50.0-59.9 Diabetes mellitus type 2 in obese Sleep apnea Hypotension	Has sleep study scheduled for 08/05 Continue Metformin 1000 mg	23816-23817
16	08/27/2014	Chest pain Anxiety Hoarseness of voice Thyroid nodule Hyperparathyroidism Hypertension Needs flu shot	Continue Lorazepam 1 mg Continue medications	23814-23815
17	09/05/2014	Neck pain Back pain	Start physical therapy evaluation	23812-23813
18	09/12/2014	Diabetes mellitus Hypertension Morbid obesity Sleep apnea COPD	Continue medications Restart Metformin 500 mg Will work on diet Continue inhalers	23810-23811

19	09/26/2014	Physical adult Screen colon cancer Morbid obesity Hypertension Diabetes mellitus Palpitations	Continue medications Will work on diet Continue Lorazepam 1 mg, Lisinopril	23807-23809
20	12/12/2014	Anxiety Hypertension Diabetes mellitus	Will increase Metformin 500 mg Will start diet and exercise Start Lorazepam 1 mg	23804-23806
21	05/08/2015	Anxiety Hypertension Diabetes mellitus Dysphagia Tobacco abuse	Start Pantoprazole 40 mg Refill Lorazepam 1 mg	23802-23803
22	07/14/2015	Right testicular pain Hypertension Diabetes mellitus type 2 in obese	Continue medications Ordered ultrasound	23800-23801
23	08/11/2015	Physical Hypertension Diabetes mellitus type 2 in obese COPD Tobacco abuse Morbid obesity	Continue medications Will increase Metformin 1000 mg Discussed quitting Discussed extensively diet and exercise	23797-23799

24	05/12/2016	Dysphagia Cough Hypertension Diabetes mellitus type 2 in obese COPD Morbid obesity	Continue medications Ordered labs Will increase Metformin 1000 mg Discussed quitting Discussed extensively diet and exercise	23794-23796
25	05/19/2016	Dysphagia Cough COPD Morbid obesity Hypertension Diabetes mellitus type 2 in obese Low back pain Foot pain	Start amlodipine 5 mg Start physical therapy Scheduled Podiatry	23792-23793
26	05/31/2016	Dysphagia Cough COPD Morbid obesity Hypertension Diabetes mellitus type 2 in obese Leg cramps	Increase Amlodipine 10 mg Ordered labs	23790-23791
27	06/09/2016	Hypertension COPD Morbid obesity Type 2 diabetes mellitus Anxiety Chronic low back pain with left sided sciatica	Decrease amlodipine 5 mg Start Lidocaine 5% patch Continue to work on diet and exercise	23788-23789

28	07/12/2016	Chronic low back pain with left sided sciatica Anxiety Hypertension Tobacco abuse Morbid obesity	Start physical therapy Increase Amlodipine 2.5 mg Continue to work on diet and exercise	23786-23787
29	07/15/2016	Motor vehicle accident with concussion Intractable acute post traumatic headache due to vomiting	CT will need to go to wear if any worsening signs and symptoms	23784-23785
30	08/02/2016	Acute cystitis with hematuria	Will start Cipro now	20796-20797
31	08/09/2016	Nephrolithiasis Parathyroid abnormality	Will refer to urology	23780-23781
32	09/01/2016	Nephrolithiasis Morbid obesity Type 2 diabetes mellitus Hypertension Anxiety Chronic low back pain with left sided sciatica Tobacco abuse COPD Parathyroid abnormality	Start physical therapy Will check labs Will monitor labs Ativan as needed only	23777-23779
33	11/08/2016	Nephrolithiasis Morbid obesity Type 2 diabetes mellitus Hypertension Anxiety COPD Parathyroid abnormality	Start Tamsulosin 0.4 mg Refill Riomet 500 mg Refill Lisinopril 5 mg Refill Lorazepam 1 mg	23775-23776

34	12/02/2016	Nephrolithiasis Hypertension COPD Cough	Refill Proair HFA Will recheck in few days	23773-23774
35	12/08/2016	Abdominal pain Hypertension COPD Tachycardia Acute cystitis	Lab reviewed Stable on lower dose of ACE	23771-23772
36	12/16/2016	Hypertension Type 2 diabetes mellitus Morbid obesity COPD Acute cystitis without hematuria Anxiety	Will add Lisinopril 20 mg Continue Metformin	23769-23770
37	02/16/2017	Hypertension Type 2 diabetes mellitus Morbid obesity COPD Anxiety Hematuria Lumbago with left side sciatica Chronic pain	Will monitor closely Continue Metformin Discussed gastric bypass again	23766-23768

38	05/18/2017	Chronic low back pain with left sided sciatica COPD Anxiety Hypertension Type 2 diabetes mellitus Morbid obesity Kidney stones Multiple endocrine neoplasia, type 2	Refill Lorazepam 1 mg Refill Riomet 500 mg May need to schedule open MRI Refilled Proair	23761-23763
39	03/13/2018	Influenza A Acute and chronic respiratory failure with hypoxia	Chest X-ray without focal opacity	23685-23719
40	03/23/2018	Essential hypertension Hypercholesterolemia Depression with anxiety GERD OSA Type 2 DM Abnormal LFTs COPD Lumbar radiculopathy Morbid obesity	Will make cardiology appointment due to co-morbidities and difficulty Refill Ativan HgbA1c 7.9 - will restart metformin 500mg -increasing each week Referral to endocrinology Refilled nebulizer and nebs He quit smoking	20921-20927
41	03/30/2018-04/04/2018	Segmental and somatic dysfunction of lumbar/pelvic region Myalgia	Moist hot pack IFC Trigger point therapy	21438-21441, 21442-21445

		Essential hypertension	Will make cardiology appointment	
		Hypercholesterolemia	due to co-morbidities and difficulty	
		Depression with anxiety	Refill Ativan	
		GERD	HgbA1c 7.9 - will restart metformin	
42	04/24/2019	OSA	500mg -increasing each week Referral to endocrinology	21780-21786
42	04/24/2018	Type 2 DM	Referral to endocrinology	21/80-21/80
		Abnormal LFTs	Refilled nebulizer and nebs	
		COPD	He quit smoking	
		Lumbar radiculopathy	He quit smoking	
		Morbid obesity		
		Chronic bilateral low back pain, with sciatica		
		presence		
43	05/08/2018	Spinal stenosis of lumbar region with	MRI Lumbar Spine without Contrast	21881-21886
		neurogenic		